## Kilburn Community News

DECEMBER 23 / JANUARY 24

KILBURN PARISH COUNCIL



**Kilburn Remembers** On Sunday 12th of November Kilburn came together again to remember the service and sacrifice of those who have fought to protect us, our freedoms and way of life. More on Page 9



Inside this issue.....

- Kilburn groups and clubs to entertain the little ones
- Meet your Parish Councillors Carl Riley
- Information about the Methodist Church Development

Plus much more.....



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At the Parish Council meeting held on 13th November 2023, Mr Andy Morgan was co-opted as a Member of the Council. One further vacancy remains – any resident who is interested in joining the Parish Council should contact the Clerk.

Residents from Ryknield Road attended the meeting to voice their concerns with regard to speeding traffic on Ryknield Rd. The Parish Council share their concerns. A Speedwatch Group has recently attended the location – at this time abuse was given to them from drivers who were caught speeding; consequently the police are to be requested to attend when they are again at the location.

The Speedwatch Organiser informed the meeting that more volunteers were needed in order to carry out additional monitoring. Contact the Parish Council if you wish to volunteer.

Residents also reported that the lighting on Ryknield Rd appeared to be continually failing and this adds to the safety problems. The Council will ascertain from Derbyshire County Council as to the problem and when it will be resolved. The resident concerns will be forwarded to CREST, the Police and Nigel Mills MP.

The Community Working Party working on the nature reserve are to stop their sessions on the 18th November and will re-commence in the Spring. The group has been an overwhelming success with lots of improvements being made to the nature reserve, including 100's of bulbs being planted which will, we hope, prove to be eye catching in the Spring.

The Parish Council web site is currently being updated and residents will see photo's of all Members so that they can be recognised when carrying out their duties around the village.

Residents have complained about the amount of 'dog poo' around the village, especially in the vicinity of Pitfield footpath which runs alongside the old chip shop on Chapel St. Despite the Parish Council putting out 'poo bags' and regularly cleaning up – irresponsible dog owners continue to refuse to clear up after their dogs. If evidence can be obtained of these irresponsible owners – the evidence will be passed onto Amber Valley Borough Council who can legally issue a substantial fine.

A big 'thank you' to everybody who attended the Remembrance Day parade and service despite the weather. Thanks to the Guides/Scouts/Brownies & Cubs who were a credit to their organisations both on the parade and also the service which followed in the Baptist Church. This event could not go ahead without the volunteers who manned the roads whilst the service was in progress and the Council sends a 'big thank you' to them.

Following a request by the Parish Council, Derbyshire County Council are currently undertaking a consultation to reinstate a 'no waiting' area on Highfield Rd. This 'no waiting' area would enable traffic to pass when going in the opposite direction and hopefully stop vehicles mounting the pavement.

A resident had also complained about the condition of the footpath on Woodhouse Rd. Despite this being the responsibility of Derbyshire County Council, instructions have been given to a contractor to clear the footpath of over growth.

Residents had voiced their concerns about recent flooding in the area. The Council has been informed that a survey is to be conducted by Derbyshire County Council into the areas recently flooded.

The next meeting of the Parish Council will be held on Monday 11th December at 7pm in the Village Hall – residents are welcome to attend.

The Parish Council would like to wish all residents a Happy Christmas and Peaceful New Year.

## 30 seconds with...Carl Riley, Kilburn Parish Councillor

## How long have you been a Parish Councillor?

Feels like a lifetime, however I have only been in the post since 2018, (I think!).

## What advice would you give to someone wanting to volunteer in the Parish?

The advice I would give to someone wanting to work for the Parish would be to go for it! Work hard, get stuck in, get involved. Local folk like having a point of contact that they can speak to and if you build a good rapport with people and communities it can go a long way. Being a Parish Councillor is



an interesting and varied area to be part of. Every week is not the same and it has challenges at every corner. It is exciting though and rewarding when you do see local changes and projects come into fruition. I had never been a councillor before and was hesitant at first to 'get involved', but I am glad I took the plunge, as it has been extremely interesting and rewarding. The work we all do is to the benefit of all in the Parish and the more we all get involved and chip in, the better the community will be. The team of councillors all get on really well and we'd be glad to have you!

## What have you been most proud about in your work with the Parish?

The sense that the work I do can have a big impact on people's lives. I have been undertaking some work in the Memorial Garden and Nature reserve at the Kilburn Toll bar for a few years, and this has expanded now to its own Community group, that actions work on the site, which leaves me to be a support and seek additional funds to help the site grow and improve. I'm proud of the work Parish does with Borough and County Councils for the benefit of parishioners and that we worked hard to find solutions even during the pandemic. I am always happy to have a chat to discuss local matters and points of concern plus receiving calls and emails on multiple subjects really makes it worthwhile.

## Favourite time of year?

I love the summer months. I was born in February, but summer is music festival season along with sporting events like Wimbledon or the Euros or World Cup. Not many things beat being in the sunshine with friends and family watching live music or football.

#### Do you play sport?

I still play 5 a side senior football locally at 60. I first joined the team when I moved from Nottinghamshire at 18 and all these years later am still playing. They're a great bunch of lads from all walks of life.

## **County Councillor for Horsley Division - Cllr Trevor Ainsworth**

## Keeping you updated

## Hi, I hope this finds you all well and looking forward to Christmas.

## **Speeding Vehicles**

Its great to see the mobile speed indication devices moving around the village and can I say a big thank you to Kilburn Parish Council for the speed that they applied for the use of them in the village, found funding and got them put in place. Kilburn was one of the first parishes to do this in the County. I have supported the Parish Councillors all the way in the process. Thanks also to The Police and Crime Commissioner for assisting with the funding.

#### Kilburn Nature reserve

I was approached by the volunteers at the Nature reserve recently, when I visited them on one of their work party days. I was asked to support them financially to help complete the path. I supplied £400 of my community leadership fund which is provided by Derbyshire County Council to assist groups within my Division.

## **Online Shopping**

With Christmas fast approaching and living within your means being very important to everyone, now is the time to be extra vigilant when making purchases on line. If it looks to good to be true it probably isn't true. According to the latest data, cybercrime accounts for almost 50% of crime, and is estimated to cost the UK economy £27 billion a year. UK residents are statistically more likely to suffer a cyber attack than in any other country in the world, with their money and accounts being targeted. Setting strong passwords, downloading the latest software updates are two ways to make you more secure.

## Millie Bright to be honoured

Following the extraordinary success of the England team at the world cup we are proposing that Derbyshire's own Millie Bright be put forward to become an Honorary Freewoman of Derbyshire. The whole team are all amazing ambassadors for women in sport and I felt so proud to know that Millie, the captain, is from Derbyshire.

## Young Driver Education Day (YDEP)

Partners from the Derbyshire and Derby Road Safety Partnership (DDRSP) have delivered YDEP to 21 sixth form colleges. Interactive presentations and student-led activities covering drink and drugs, distracted driving, speeding and peer pressure are delivered by Road Safety, Police and Fire officers as part of the DDRSP's commitment to reducing young driver collisions.

#### **First Gear**

Since April, road safety staff have delivered 6 First Gear pre-driver workshops for students aged 15-17. We have another 6 dates planned between October and March. The courses have been extremely popular, all courses are fully booked.

## Road safety education and training

Over the last academic year Road Safety Officers have delivered 553 road safety workshops in primary and secondary schools. Topics covered included crossing the road safely, in-car safety and independent journeys

#### Child car seat checks

As part of our ongoing commitment to reducing car passenger casualties, road safety officers have carried out 3 child car seat safety check events at supermarkets across the county. We have delivered 7 child car seat training courses to social care teams. All road safety staff are Institute of Occupational Safety and Health accredited in child car seat fitting and training.

## The trusted Trader Scheme celebrates 15 years

This scheme helps Derbyshire residents to find trustworthy tradespeople and services around 1,000 traders and services, ranging from plumbers, electricians, gardeners, joiners and decorators to electric vehicle charger installers, accountants, dog walkers, removal firms and will writers, have registered as Trusted Traders since the scheme was set up in 2008.

It was launched to help local people find traders and businesses who agree to do a good job at a fair price and deliver good customer service. It's also aimed at protecting consumers by making it easier for them to find and use traders they can trust, rather than falling foul of rogue traders cold-calling and using high pressure sales techniques.

Just type "Trusted Trader Derbyshire" in your search bar

## Do you want to stop smoking?

Live Life Better Derbyshire offers dedicated stop smoking clinics across Derbyshire, a supportive Facebook group and help with nicotine replacement options and stop smoking medications. The team also provides friendly, non-judgemental support to pregnant women who want to stop smoking.

Visit "Live Life Better stop smoking" page or tel: 0800085 2299 or 01629 538200.

All that remains is to wish you a Merry Christmas, a healthy and prosperous New Year.

## Trevor Ainsworth

Mobile: 07970 741787

Email: Trevor.Ainsworth@derbyshire.gov.uk

**Derbyshire County Council** 

County Hall Matlock Derbyshire



# Amber Valley Councillor for Kilburn - Cllr Linsey Farnsworth Update and information

## The Borough Council

A Full Council meeting took place on 20 September 2023. The full minutes of the meeting can be viewed on the Amber Valley Borough Council website, www.ambervalley.gov.uk/council/committees-and-meetings/ but below are a few items which may be of particular interest.

At the meeting Kilburn was mentioned in the Mayor's announcements. The Mayor announced that over the summer holidays he had attended some wonderful engagements, including a couple of Civic Services. A highlight was judging 32 gardens for the Kilburn Parish Council Garden Competition, then a few weeks later the Mayor was invited back to present the prizes to Kilburn residents for the best gardens. The Mayor added that all of the gardens were a credit to the residents of Kilburn, which had a great community spirit.

## During the meeting:

- The leader of the Council Cllr Chris Emmas-Williams reported that since the good news that Belper Leisure Centre has been saved from closure, he has chaired the meeting of the new Belper Leisure Centre operators. The Leisure Centre Manager and Vaillant, are to look at all possible options to deliver a green heat pump system for the Centre and added that Vaillant are very keen to try and help.
- The Leader also reported that in 2019 one of the first things his Group did was declare a Climate Emergency, set up a cross party working group and commission a Carbon Reduction Plan. He then added that the cross-party working group had met earlier in the day (of the Full Council meeting) and that since the local elections in May, he was delighted to report that the Council's carbon output had reduced by 42.9%.
- A resolution was passed that Councillor M R Allwood be appointed as the Member Champion for the Armed Forces, as part of the Council's continued support for the Armed Forces Covenant.
- The Council considered a report detailing the findings of a review of polling districts, places and stations that took place in June and July 2023. I can advise that no suggested changes have been made for the polling districts for the Kilburn, Denby, Holbrook and Horsley ward.

The next Full Council meeting will be held on 22 November 2023 at 7pm at the in the Council Chamber, Town Hall in Ripley.

The lead authority for flood response is Derbyshire County Council and there is also advice on their website (link on the home page).

## **Flooding**

I am sure we were all dismayed by the recent floods in our ward. I have recently met with residents affected by the floods in Derby Road, Denby. There is a link on the home page of the Amber Valley Borough Council website which can be completed by residents affected by the flooding and which will allow support to be provided.

The lead authority for flood response is Derbyshire County Council and there is also advice on their website (link on the home page).

## **Surgeries**

I have now arranged all my surgeries until May 2024. These will rotate around the four parishes in our ward, but you are welcome to attend any of them, even if it is just for a cup of tea and chat!

## KILBURN, (at the Village Hall, Church Street DE56 OLU):

Saturday, 6 April 2024 – 10am until 11am

## **DENBY, (at Denby Cricket Club DE5 8PL):**

Saturday, 10 February 2024 - 10am until 11am

## HOLBROOK, (at Arkwright Hall, Moorside Lane DE56 0TW):

Saturday, 13 January 2024 - 10am until 11am | Saturday, 4 May 2024 - 10am until 11am

## **HORSLEY, (at Horsley Village Hall, Church Street DE21 5BR):**

Saturday, 9 March 2024 – 10am until 11am

## Linsey Farnsworth

Telephone: 01332 942696

Email: linsey.farnsworth@ambervalley.go.uk

Correspondences address:

C/O Amber Valley Borough Council Town Hall Market Place, Ripley, Derbyshire, DE5 3BT





I'VE GOT A TODDLER. HE'S AMAZING BUT SOMETIMES I NEED A BIT OF ME TIME. ANY OTHER DADS JUST NEED A BIT OF TIMEOUT AFTER THE LITTLE SUPERSTARS HAVE GONE TO BED, HAVE A PINT OR 3 & MAYBE PLAY SOME POOL? WHATSAPP ME, ANDY, ON 07375 357826.

## Your local football club

We'd love to hear from anyone in the community who has any old photos relating to Kilburn FC, including team photos, or featuring the clubhouse or pitch. If you can help, please contact kilburn fc@outlook.com



We are still on the look out for any volunteer support, we need help with the following:

- · Serving tea/coffee at our 1st and Vets team home games
- · General maintenance around the home ground
- · Match day photographer





## **Community Events Calendar — Dates for your diary**

- Friday 1st December Kilburn Junior Schools, Christmas shopping evening, 6.30-8.30pm
- Friday 8th December Kilburn Carol Service,
- Sunday 10th December Kilburn Baby and Toddler Drop in Christmas Special, meeting Santa!, completely free. 9.30 –11.30am Kilburn Village Hall
- Friday 15th December Chatterbox café, Christmas Special, Christmas festivities and Carol singing - everyone welcome! 10am –12pm, Kilburn village Hall
- Monday 22nd January Film Group, talking about the film 'Hunt for the Wilderpeople'. 7:30pm, The Hunters Arms For further information, contact Tracy denbygroup.tracy@gmail.com

## **Christmas at Kilburn Welfare Social Club**

Saturday 2nd December - Live Band - Reverb.

Monday 24th December - Christmas Eve Party

**Wednesday 27th December -** Christmas Cheer (50p a square, prizes galore, available to buy now!) Drawn from 3pm.

Monday 31st December - New Years Eve party - all welcome!

All information, including timing, etc, will be on our Facebook page

Open to all, members and non members



## **Kilburn Remembrance Sunday**

A sincere thank you to everyone who came out to pay their resects with us again this year. As always it was a fantastic turn out which makes us proud of our village and the community spirit. Special thanks to the Newstead Brass

Band for their spectacular performance throughout the village.









## KILBURN COMMUNITY GROUP: A group of volunteers working to improve our area.

## Latest news and THANK YOU for a great first year!

What a wonderful first year it has been, a lot has been achieved by the terrific volunteers and those that have kindly donated towards this venture. In September the community group was officially named and the Brownies, Rainbows and other Girlguiding units of Kilburn and Horsley entered a competition to design a logo. There was a presentation for the winner and runners up, every child that entered did amazing; judging was very difficult. After the presentation they were able to start their first session after their summer break, participating in nature related games, it was a very successful evening enjoyed by all. It was a delight to see this area suitable for them to use. Before, it wasn't safe to visit, it was too hazardous. Thanks to clearing of the thick nettles, brambles, safer pathways and clearing the central area of long grass they could enjoy the area and they look froward to holding many more visits working on their badges, volunteering, and having fun. *To find out how your child can join text or call: Karenanne on 07551163993*. *Or register at www.girlguiding.org.uk/joinus*.



Kilburn Parish Council and Coordinators would like to say a huge thank you to *all volunteers for their time* and generous donations. Tansley Barn Garden Centre, Councillor Trevor Ainsworth, Amber Valley Rotary Club and Wood Lane Garage for their financial donations. Without the generosity of people's time and donations this would not have been possible.

Congratulations to the Competition winner's; 1<sup>st</sup> Holly Rose Hargreaves, 2<sup>nd</sup> Matilda Goodburn, 3<sup>rd</sup> Evie Ward.

We are pausing meetups until March 2024, please keep an eye out for future dates we hope you can join us! For info, please contact Sheila Matthews, Clerk:

Kilburnparishcouncil@gmail.com or call 07989623309.

#### **GO VISIT!**

**Hundreds** of bulbs have been planted all around the area, it will be a sight to behold in spring early summer.

## **Important update**

Regarding Planning application of the old Methodist chapel, chapel street.

Ref: AVBC planning application - AVA/2023/0493



Information from the Kilburn Parish Council meeting held on the 9th of October 2023.

Thank you to all those that attended the Parish Council Meeting. It was wonderful to see it so well attended. Parishioners had the opportunity to discuss their concerns with Kilburn Parish Council, Councillor Trevor Ainsworth, and each other.

## This is a brief summary of what was discussed, and suggestions made.

As of the 9th of October, there were 20 objections submitted regarding the planning application.

- It was suggested that those that do not agree with the planning, need to submit individual objections, not 1 per household. This will add to the numbers, also to add varied reasons for objections. NOTE a petition of gathered names will ONLY count as one submission.
- It was suggested that those who attended, reach out to other parishioners to raise awareness and gain support, as some people may not have access to the Internet.
- There is a 28-day submission date however regardless of this deadline, Councillor Trevor Ainsworth recommended that people continue to submit objections after 28 days.

Councillor Trevor Ainsworth had already submitted objections to the planning consequently there will be a Planning Board meeting. At time of print, the date is not yet known, this will shared via Facebook and The Kilburn Parish Council website when we have more information. The Parish Council will be sending an objection outlining the views of the council and members have been encouraged to individually make objections as the parish councils' objection only counts as one.

## Planning application link is below and to submit your objections:

https://www.ambervalley.gov.uk/planning/development-management/view-a-planning-application/?appnumber=AVA-2023-0493.

**For further help or information** or if you have no access to the internet, please contact the Development Team directly on <u>01773 841571</u> for assistance.

We know that this is causing great concern to many, we will continue to support you as much as possible.

#### Kilburn Parish Council

## Get involved... Local litter picks

For the last three years a local group have been litter picking every fortnight, alternating between Kilburn and Horsley Woodhouse. If you would like to get involved, the oncoming Kilburn dates are Friday 15th December and Friday 12th January. All events start from Church Street car park at 10am.



All residents are welcome. Please bring your own gloves, bags are provided. Events usually take around 45 to 90 minutes. Events will be cancelled if heavy rain is forecast. Collection is in open and rural areas so as not to duplicate the work of parish wardens. Typical areas covered are Tants Meadow, Horsley Road, Bywell Lane, Lower Kilburn lay-by, Pit Fields footpath, Woodhouse Road, Lady Lea Lane, the playing field behind Arthur Medical Centre.

These events are run by the local Labour Party

## Kilburn mans life changing weight loss success inspires to him helping others

Having been ill with diabetes and fatty liver disease for a long time in 2017 Kilburn Resident, Carl Fox slipped into several life threatening comas and it was decided that a Liver transplant was needed to save his life. Following the transplant he understood how important it was to lose weight to prevent the liver disease from returning.

Carl decided to join Slimming World Online but soon found that it was too easy to cheat when he wasn't accountable to anyone, this delayed any progress. In early 2023 Carl and Wife, Mary joined a local slimming world group and the results have been life changing. Carl lost 3 and half stones in only a few months and now feels like a different man. Inspired by how Slimming World changed his life he is now starting his own group locally, in Ripley so that he can support and encourage others. Carl's group runs Thursdays at 5.30pm and 7pm in Ripley. If you would like any more information please call Carl on 07478 276432 or email slimmingworldcarl@gmail.com







LAST DATE FOR 2023
WEDNESDAY 13TH DECEMBER 13.30-15.30

## **Parking on Highfield Road**

Alongside speeding and planning developments the main concerns that are raised with the Parish Council relate to the parking on Highfield Road, specifically at peak times in the morning and afternoon. Being Kilburn residents ourselves we understand the concerns and also understand the limited alternative options when life is already so busy.

Whilst we continue to search of ways to make the situation better for everyone our main priority needs to be keeping everyone safe and abiding by the safety restrictions which are is place but unfortunately sometimes get ignored.

## Here's a quick reminder of what the road markings mean:



**Zebra Crossing and Zigzag lines** - The approach to, and exit from, a pedestrian crossing is marked with zigzag lines. It also means that you must not park on them or overtake the leading vehicle when approaching the crossing. Parking here would block the view for pedestrians and the approaching traffic



**Dropped Kerb/ Pavement -** when forced to do so by stationary traffic, DO NOT stop or park:

- Where the kerb has been lowered to help wheelchair users and powered mobility vehicles, or where it would obstruct cyclists
- In front of an entrance to a property



**Double Yellow Lines -** Double yellow lines indicate a prohibition of waiting at any time even if there are no upright signs

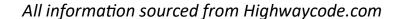


**Waiting Restrictions -** Waiting is limited to the duration specified during the days and times shown





**Bus Stops** - Rule 243 of The Highway Code tells road users: Do not stop of park at or near a bus or tram stop or taxi rank





We have received reports of cars parking on both sides of the road causing backups due to the road being too narrow to allow larger vehicles such as bus and lorries to pass. Not only is it unsafe and a huge inconvenience to other road users, it is an offence obstruct the highway with strict penalties

As mentioned the Parish Council recognises the frustrations and limited options for those needing to park on Highfield Road. We have looked into expanding the carpark on Church St but at this time it was not an option. We recognise that this is not a situation that will improve over time and we will continue to explore ways ease to problem. In the meantime we will carry on seeking support from the local PCSOs and Traffic Wardens to ensure that vehicles are parked safely.

## Kilburn Book Club

Month	Book	Score (10)	NADUGE!	3
September	<b>Rebecca</b> by Daphne du Maurier	7.78	MAURIER	RUTH
October	<b>Us Three</b> by Ruth Jones	5.32	REBERCY	US THREE

**Previous scores**: The Husband's Secret (5.4), The Paper Palace (4.6), The Family Upstairs (7.1), The Crooked Branch (5.7), The Four Winds scored (7.5), The Beekeeper of Aleppo scored (7.1), Hamnet (7.7), Spitfire Women WWII (5.6)

Everyone is welcome at Kilburn Books. We meet on the 4th Wednesday of each month at The Hunters at 8pm. An informal, friendly book club.



Search: Kilburn Books



## **KILBURN INFANT & NURSERY SCHOOL**



We have had a very busy Autumn term in school including welcoming our 40+ new starters in our Reception and Nursery Units.

All of our children have enjoyed 'Memorable Experiences' to begin their new half termly learning themes, including the Year 2 Owls being 'Street Detectives' around Kilburn. Year 1 Foxes had a very special visit from P.C. Lovatt with his police car, and they enjoyed trying all of his police clothes/equipment and the car siren! Owls also enjoyed a fantastic morning taking part in an African drumming workshop and Eleanor's uncle came to talk to Foxes about being a soldier in the Army.

As part of our 'Cultures and Communities' learning children have found out about Diwali and Bonfire Night and listened to stories to celebrate 'Black History Month'. We also thought about helping others by taking part in fundraising activities for 'Jeans for Genes' and by making a Harvest food collection for the local food bank charity, 'Hope for Belper'. We continued to focus on 'Health & Well-Being' with a 'Hello Yellow!' special theme day.

Parents/carers joined us for Special assemblies and our weekly 'BIG Read' and we organised our own fundraising for 'extras' with a spooky Halloween theme day, a Movie Night and made very early Christmas pictures for our 'Rudolph cards' fundraising project.

Best wishes from all at KINS!

Joanne Baillie Head teacher

Telephone: 01332 880449

Email: enquiries@kilburn-inf.derbyshire.sch.uk Website: www.kilburnprimaryschool.co.uk







For weekly photos of learning, events, fundraising, visits, & activities, please see our school 'Facebook' page!



## Kilburn Junior School News EMBARK



## Email info@kilburn-jun.derbyshire.sch.uk

www.kilburniunior.school



## Kilburn Junior School Science Fair

We recently held our first Fair at school. Science whereby pupils were tasked to produce a scientific exhibit to share with other pupils and visitors to school. The response



was incredible as the boys and girls were supported brilliantly by their families at home-producing some amazingly creative and interesting projects. The children across the school spent time learning from each other by interacting with the projects and we also had the pleasure of lots of family members in school too, enjoying the exhibits. What a fantastic event it was, surpassing all of our expectations! Thank you to all the pupils and family members for all your hard work to make this such a brilliant event.

## Strange happening; down in Trailblazer Wood

Things have turned colder and wetter over the past couple of weeks and the leaves seem to know winter is on the way.

The change in weather has not dampened the children's spirits during their weekly Trailblazer sessions though and they were recently treated to a surprise visit from Bill and Janet from the book The Smeds and the Smoos, after they mysteriously appeared in the wood.

The children loved asking lots of questions to find out about their planet and the way they live.





**Don't Forget Our** Christmas Shopping Evening Friday 1" Dec 6.30-8.30pm

## Keeping small people entertained in Kilburn this Winter

With the weather getting wetter and colder it can be a challenge to keep little ones entertained and from climbing the walls, fortunately there are Kilburn based groups to help

## Derbyshire Toys Libraries have

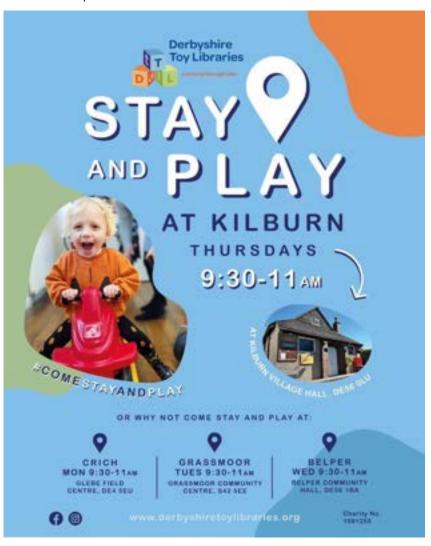
been running Stay and Play sessions in Kilburn for nearly 10 years. The sessions provide a safe place for littles one to blow off some steam, play and learn with some amazing toys. Each session finishes with the ever popular song time

Suitable from Birth - Preschool.

Parents - Carers - Grandparents &

Childminders All Welcome

The first session is only £1



## What else do they do?

Every month Derbyshire Toy Libraries hold a huge toy auction on Facebook, with fantastic bargains up for grabs, hundreds of lots every time.

Then, of course, there is the toy library itself! - thousand of toys available to hire in perfect condition, all at very reasonable prices. These can be hired for a week – upwards, meaning that they are perfect for kitting out birthday parties, trying new toy before purchasing or simply rotating toys so the littles one don't get bored. Best of all you get to give them back! Meaning no filling the loft.

Learn more about all they offer and keep up to date on their website (www.derbyshiretoylibraries.org) or Facebook page (derbyshiretoylibraries)

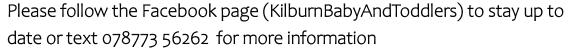
## Kilburn Baby and toddler Drop in started in September 2022.

The sessions run on alternative Sunday mornings 9.30-11.30am at Kilburn Village Hall. The idea was to provide a group especially for those who may struggle to attend sessions which typically run during the week, therefore difficult to attend for many working families or those with other commitments Monday - Friday. Of course everyone is welcome to attend!



Through kind donations the sessions are run free to attend.

Upcoming dates - Sunday 10th December (Christmas Special), 7th January, 21st January, every following alternative Sunday.





Did you know that Kilburn Village Hall is a great venue to hold a child's birthday party?					
Plenty of space Nearby parking Kitchen		Disabled access  Very reasonably priced	<b>⊘</b>		
For more informa	•	nil Kilburn_Village_Hall@outlook. y 07305457563	com or		

**Quiz -** For those rare dry wintery days, did you know that Kilburn has 6 parks, as well as the nature reserve. Can you name all the parks? - Answers at the bottom

## Something for the older ones....

1st Horsley and Kilburn Brownies and Guides (7 –14 yrs old) www.girlguiding .org.uk/joinus or text /call 07551163993

1st Horsley & Kilburn Scout Group (6 – 14 yrs old) - www.scouts.org.uk

Up the road in Marehay, **The Old Farm Bus** provides a youth club with a twist, suitable for 11 – 18 year olds. The variety they provide is amazing, have a look!

Chase, Holbrook View

Northfield, Bown Close, Church St, Multi-user ( next to the Miners Welfare), between the Walk and the

## Studio 7

This year has been incredible for Studio 7 Dance Academy located on the Lady Lea Industrial Estate, Horsley Woodhouse. We have taken part in three sets of competition

so far and were named the overall winners at one of them. We successfully auditioned and danced at Disneyland Paris. Delivered our annual show "smile" which completely sold out all four performances and at the same time raised a whooping £861.62 for the Treetops Hospice at home charity. Our final festival was on 5<sup>th</sup> November before having a quieter month running up to Christmas. We have also had two sets of exams with 67 distinctions and 12 merits.

For anyone interested, this is an excellent time to join our dance family; please Email info@studio7dance.co.uk or call us on 07539 119 290.





## Menopause Café

Kilburn Village Hall Saturday 27<sup>th</sup> January 2024 10am - 12pm

At a Menopause Café people gather to eat cake, drink tea and discuss menopause. The way in which menopause affects daily life, work and relationships has long been a taboo subject, and the Menopause Café charity seeks to change this. Shared experience reminds us we are not alone - so join us for a relaxed chat about all things menopause. The Menopause café is for everyone regardless of your menopause journey – you may be experiencing menopause now, or want to be prepared for it before it happens to you. You may want to learn more to better support your partner, parents, friends or colleagues. There is no set agenda as you start the conversation.

## Menopause cafés are offered:

- In an accessible, respectful and confidential space
- Open for all, regardless of gender or age
- With no intention of leading people to any conclusion, product or course of action
- On a not for profit basis
- Alongside refreshing drinks and cake!

If you would like further information, please text, phone or email:

Tracy 07935 713535 denbygroup.tracy@gmail.com or Carol 07709166655

We look forward to meeting you!

www.menopausecafe.net

## St Clement's Church Horsley December 2023 & January 2024

Further Event information on Facebook – St Clements Church Horsley

**December Church Services** 

**Wednesday 6<sup>th</sup> December** 7pm – 9pm Music and Silence (taught songs & silence)

**Sunday 10<sup>th</sup> December:** 10am Holy Communion

**Sunday 17<sup>th</sup> December:** 10am Contemplative Worship (words, music & silence)

6:30pm Carol Service

**Thursday 21<sup>st</sup> December:** 7:00pm Longest Night Service

Sunday 24<sup>th</sup> Christmas Eve: 5:00pm Crib Service

Monday 25<sup>th</sup> Christmas Day: 10am Holy Communion Service

**Sunday 31<sup>st</sup> December:** 10am Holy Communion for New Year's Eve

At St Susanna's, Main St, Horsley Woodhouse DE7 6AT

## **Christmas Market**

Saturday 2<sup>nd</sup> December

10am – 12 noon Stalls & refreshments in church

## **Shirland Brass Band**

Friday 8<sup>th</sup> December

7:30pm in church with wine and mince pies
Free entry, with donations to the work of the church

## **A Christmas Celebration**

**Saturday 16<sup>th</sup> December** 7:30pm in church with readings and music for the season Donations gratefully received for the work of St Clement's

**January Services & Events in Church** 

Saturday 6<sup>th</sup> January: Coffee Morning 10 – 12noon, refreshments, produce

**Sunday 14<sup>th</sup> January:** 10am Holy Communion

**Sunday 21<sup>st</sup> January:** 10am Contemplative Worship (words, music & silence)

**Sunday 28<sup>th</sup> January:** 10am Morning Prayer

## New Year – try something new?

**St Clement's Church choir** - open to all who enjoy singing — Practice in the church every Wednesday at 6:45pm. You are welcome to drop in anytime!

**St Clement's Bell Ringers** – practice every Monday at 7:30pm. Newcomers very welcome to drop in if you'd like to give bell ringing a go!

To enquire about booking a christening/baptism or a wedding, please contact Rev Tracy Robinson: denbygroup.tracy@gmail.com or phone: 01332 880284

## **Arthur Medical Centre**

## Winter Pressures – change to appointment system

Each year, General Practice surgeries experience a sharp increase in demand for appointments and treatment over the winter period. This is caused by various factors, such as an increase in seasonal viral infections, however the increased demand is largely for acute or urgent 'on-the-day' appointments and services.

What is happening this winter? Over this year, all GP Surgeries have faced a sustained increase in demand for patient appointments. NHS England usually provides GP Surgeries with additional funding to provide additional 'on-the-day' appointments and services, to help meet expected seasonal increases in demand. NHS England and the local Integrated Care Board have recently confirmed however, that there will be no additional funding for GP Surgeries to provide additional appointments this year. This presents a serious challenge to all practices in terms of how to manage increased demand without additional resources or support. In advance of the expected winter pressures, the team at Arthur Medical Centre have met to plan the most appropriate strategy for ensuring provision of services to our patients with our available resources. Previous years have shown that the majority of patients contacting the practice over winter require urgent, 'on-the-day' appointments, whilst staff sickness presents a problem for pre-booked appointments which then have to be rearranged at very short notice. It is apparent that the most appropriate solution would be for the practice to change our appointment system to an all 'on-the-day' model from November through to the end of January.. From the beginning of November, our GP appointments system will be phased towards this 'all on-the-day' model, with limited numbers of pre-bookable appointments being used for patients who have been asked to book a future appointment by their GP. This system will last until the end of January, unless another solution or additional support for the practice becomes available.

A number of future 'follow-up' appointments will still be available for our doctors to book for patients who they feel need to be seen again in the near future.

This does <u>not</u> affect appointments with other members of our team, for example nurses, mental health workers, physiotherapists etc.

What if I want to book a GP appointment for a date in the future? Over the period from November to end of January, we will generally not be able to book future GP appointments. If you have a need for an appointment in the future, we ask that you contact the practice on that day to request an appointment. In cases where you genuinely cannot call the practice on the day to book a GP appointment, we ask that you contact the practice through our website, <a href="http://www.arthurmedicalcentre.co.uk/">http://www.arthurmedicalcentre.co.uk/</a>, using the Contact Us Online function.

Please complete the form in full, advising what the problem is and what circumstances are preventing you from booking an 'on-the-day' appointment by phone. Where appropriate, the team will review your request and respond, however this is not a route to request an appointment when we are full for the day.

What if there are no appointments left on the day? As before, a GP surgery only has so much capacity and when appointments are fully booked, we are unable to simply provide more with the resources available. When this happens you will be asked to phone NHS111 who will provide an appropriate route for your problem. Please understand that this is not a personal rejection, but simply that the Practice's capacity within which we can safely deliver care, is now full due to demand from other patients.

How you can help us? Please understand that the practice does its best to provide an excellent service at all times and in times of increased pressure, measures need to be in place to try to serve high patient demand with the resources that are available. We also ask that you are considerate towards our Care Navigation staff, who work very hard to support the wellbeing of all of our patients. Our team do their best to provide the best care possible to you within their resources and a difficult interaction with a patient can often have an emotional impact on the member of staff, which then affects how they are able to help other patients.

## **Flu and Covid Vaccinations**

Our team has worked very hard to deliver an efficient and effective Covid and Flu vaccination service over the month of October. Our programme has been successful and we are delighted to be able to offer this service again from our practice in Horsley Woodhouse. Whilst the collaborative efforts with our partner practices from Babington Hospital in previous years was also successful, we are committed to serving our locality as best we can and the feedback we have received thus far has shown that this has been appreciated. We would like to thank our patients for supporting this effort.

There are remaining appointments in November for Covid and Flu vaccinations and we encourage all eligible patients to book for your jabs to ensure you are protected as we move into the winter.

## **Practice Statistics (9,131 patients registered with the Practice)**

Over the month of October, Arthur Medical Centre has:

- handled **5,137 incoming telephone calls** (an average of 234 calls handled per working day). This compares to **4,206 calls** over the same period last year an increase of 22%
- provided **4,427 patient appointments** in total across the last four weeks (an average of 170 per working day) This includes vaccination appointments. Of these appointments, around 53% of the total were face to face GP appointments.

## Arthur Medical Centre, Main Street, Horsley Woodhouse, Derbyshire, DE7 6AX

General Enquiries: 01332 880249 | Repeat Prescriptions: 0115 855 0260



## WHAT'S ON AT KILBURN VILLAGE HALL?

WINTER 2023





07817311694



kilburn\_village\_hall@outlook.com

#### MONDAY:

#### Mundy Club

2-4pm

A wonderful group for over 60's that runs fortnightly. Call Kath for more information on 07547477125

#### Parish Council Meeting

7pm (2nd Monday of the month).

#### KCA Meeting

7pm (4th Monday of the month)

#### TUESDAY:

#### DanceFit 55+

10.45am

This fabulous fitness class provides you with the skills, strength and balance along with a personal plan for preventing falls. All through a fun, dance-based exercise class! £5.50 per class or 5 classes for £25. Call 07585009270 to book your space.

#### **Burnett Academy - Martial Arts**

4-5pm

Call Joash on 07779521141 for more information.

#### Keep Fit

7-8pm

A fun, keep fit class. Call Diana on 07510199112

## WEDNESDAY:

#### Your Life Yoga

7.30-8.30pm

(no class on 3rd Wednesday of the month).

#### Wine Circle

7-9.30pm

Kilburn Wine Circle meet every 3rd Wednesday in the month. They regularly have guest speakers and plenty of wine to taste! Call 01159303712 for more information.

#### THURSDAY:

## **Derbyshire Toy Libraries**

9.30-11am

Run every Thursday during term time. A fabulous group for meeting other parents and cares whilst encouraging social interaction.

#### Patricia Cooke School of Dance

6.30-8.30pm Call 01332660837 for more information.

#### **AVAILABLE FOR HIRE!**

Kilburn Village Hall is available for hire for regular group bookings and one-off parties! £12.00 per hour for mornings and afternoons. £15.00 per hour for evenings after 6.00 pm. For more information, contact Kirsty on: kilburn\_village\_hall@outlook.com

## FRIDAY:

#### Chatterbox Café

10am-12pm

Chatterbox meet fortnightly. Come along and keep warm whilst enjoying a cuppa with a slice of cake. All welcome!

#### Your Life Yoga

7.30-8.30pm (only on the 3rd Friday of the month)

## Model Railway Club

COMING SOON!

#### SATURDAY:

AVAILABLE FOR HIRE!

#### SUNDAY:

#### Kilburn Baby & Toddler Group

9.30-11.30am

Busy during the week? Then come along to this group every other Sunday. All welcome and it's FREE! Call Kelly on 07877356262 for more information.

## Derby Christian Fellowship

5-6.30pm (2nd Sunday of the month).

