

Kilburn News

DECEMBER 2022 / JANUARY 2023 KILBURN PARISH COUNCIL

We will remember them...

Thank you to everyone who joined our Remembrance Day Parade on Sunday 13th November 2022.

As always Kilburn delivered an excellent turnout with over 250 attending to watch the parade be led by Newstead Brass Band. Following the service at the War Memorial a Church Service was held in the Baptist Church.





Kilburn Parish Council

Our next meeting will be held on Monday 12th December at 7.00pm. Residents are welcome to attend.

The annual Remembrance Day parade and service returned to 'normal' this year following the Covid epidemic. The parade, led by Newstead Brass Band included children from the local scouting groups together with members of the Parish Council and the public. A short service including the Act of Commitment was held at the War Memorial followed by a service in the Baptist Church. The Parish Council would like to thank everybody who enabled the event to take place including the many marshalls who manned the access roads to the village. Without such support this annual event would not be able to take place.

A reminder that a Carol Service will take place on Friday 9th December at 6.30pm in the Baptist Church, Highfield Rd. Owing to other events taking place in Kilburn it has been necessary to move both date and location for the Carol Service. Please help us make this a joyful and happy event in these challenging times. Refreshments will be served following the service. Due to the change of location the Christmas lights will be switched on prior to the Carol Service on the 1st December.

Darren Belfield will be commencing as the new Parish Warden on 1st December – initially Darren will be working 18 hours a week which will be kept under review. Please stop and 'have a chat' with Darren when you see him. We know everybody will make him welcome.

Update on progress with work on the Nature Reserve – please see the separate request for residents to form a working party in March 2022 to tidy up the nature reserve.

Community Speedwatch has applied for additional locations around the village but is having difficulty in obtaining a response but will keep pursuing. Speedwatch will mostly operate at weekends during the winter due to the dark evenings and safety concerns.

The Parish Council has been working tirelessly to put mobile speed traffic signs around the village. The application to the County Council is in its final stage and the Speed Indicator Sign (SID) is ready to be installed therefore, hopefully, the SID will be operating on Rykniel Rd initially.

The Parish Council has asked DCC/Highways to reinstate the 'no waiting' restriction on Highfield Rd. This restriction enables vehicles to pull in to let vehicles pass. (Currently there is no sign but the yellow line remains.) DCC have agreed to 'look into' the request but have stated it will take a long time due to other Highway demands.

The Parish Council is running a poll on their Facebook page – if you wish to see the 'no waiting' restriction reinstated.

As this will be the last Newsletter for 2022 – the Parish Council would like to thank all of our volunteers who help distribute the Newsletter again, without this support it wouldn't be possible to publish and distribute a Newsletter.

We wish all residents a Happy Christmas and a healthy and wonderful New Year.

TRIBUTE TO HER MAJESTY QUEEN ELIZABETH II

Following her death and after a long life of faith, duty and service we, the Parish Council and residents of Kilburn pay tribute to Her Majesty for her lifelong commitment to the United Kingdom and the Commonwealth.

Her Majesty was an extraordinary person, who lived an extraordinary life: a constant presence and example for each of us, guiding and serving us all for as long as any of us can remember.

Throughout her reign, and seven decades of extraordinary change and challenge, Her Majesty was the epitome of duty, stability, wisdom and grace.

Her Majesty will be missed greatly and never be forgotten

Our sympathy goes to her family and every good wish to His Majesty King Charles III as he follows in his Mothers' footsteps.

KILBURN PARISH COUNCIL



Kilburn Good News Stories

- The Great Kilburn Bake Off raised over £1,200 for the Brain Tumour Charity at the event at the Village Hall on Saturday 22nd October, that is a whooping £2,800 in total! A huge well Done to all those involved!
- The Halloween Walk Through on Rawson Green had another hugely successful year raising over £1,000 for Children In Need in just 4 hours of Halloween festivities. Over 400 bags of sweets were handed out in the first 2 hours followed by a scramble to make more . “Even though it rained heavily the organisers were so thankful that everyone came to enjoy the event. Their fancy dress costumes were soaked through even the wig and boots were squelching but it was totally worth the fun and joy it brings to all ages”. Thanks to everyone who helped to make it a success.
- Clubbercise has joined the Kilburn Village hall on Wednesday evenings, bringing the sweat with 90’s club classics

**To add your good news stories to the next issue please email –
Kelly.Parker.Kilburn@gmail.com**

Kilburn groups and clubs

Book Club—The Hunters Arms— Once a month

Baby and Toddler Drop In (07877356262)*

Chatterbox Café (01332 780486)*

Clubbercise*

Dance fit 55+ (07585009270) *

Derby Christian Fellowship (01332 781200)*

Derbyshire Toy Library (07866484550)*

JJBBA Karate (07779521141)*

Keep fit (07510199112)*

Patricia Cooke School of Dance (01332 660837)*

Wine Circle (01159303712)*

** clubs which take part at the village Hall, see the back page for more details*

Community Events Calendar — Dates for your diary

Friday 2nd December - Junior School PTFA Christmas Shopping Evening - 6.30-8.30pm

Friday 9th December - The Carol Service - Baptist Church, commencing at 6.30pm - All welcome to attend and kick off the village Christmas cheer

Sunday 11th December - Kilburn Baby and Toddler Drop In Christmas Special - Village Hall 9.30-11.30am

Friday 16th December - Chatterbox Café Christmas Special - Village Hall 10am—12pm

Early 2023 - Date TBC, Community Safety Event Working in conjunction with Neighbourhood Watch. A family event for the community focused around safety in your home and out and about, Watch this space!

Parish Council Meetings - Monday 12th December 2022, Monday 9th January, 13th February, 13th March, 3rd April, 15th May, 12th June 10th July, 4th September, 9th October, 13th November, 11th December 2023 - Kilburn Village Hall. All residents welcome to attend.

For more information about Kilburn Welfare social club follow their Facebook page. Kilburn welfare is also home to Kilburn FC, with a variety of football teams playing most weekends, all details are shared on Facebook.

**To add a local event, group or club to the next issue please email –
Kelly.Parker.Kilburn@gmail.com**

INTRODUCING.....

Darren Belfield as our new Parish Warden.

Darren will commence duties on the 1st December – please introduce yourself to him and welcome him to Kilburn



Yuk!

Unfortunately some people in our community are wearing blinkers when walking their dogs and do not notice their pooch going to the toilet on our paths, parks and grass verges. Naturally dogs need to “go” but when the mess is not picked up it is extremely unpleasant and a health concern which is why it is illegal under The Dogs Fouling of Land Act 1996. The penalty for not clearing up after your dog is a fixed penalty notice of £75, or a maximum fine of £1000 if prosecuted in the magistrate’s court.



Fortunately the vast majority of residents in Kilburn are responsible dog owners, which makes it all the more frustrating when a small few let the village down. What everyone can do to aid this situation is report any offences to Amber Valley Borough Council.

Amber Valley will issue fixed penalty notices on a witness statement. A witness could be a neighbour or a complete stranger.

Reporting Dog Fouling

If you wish to make a complaint regarding dog fouling, please contact the helpline on 01773 841335 or submit the form on the website www.ambervalley.gov.uk/environment/dog-control/dog-fouling/. They aim to respond to your complaint within 5 working days which will include patrols and erecting signage where appropriate.

Any information you supply will remain confidential.

It can also be very useful if a diary is kept on dates, times and brief descriptions etc. This can assist the wardens when patrolling the area.

Information to jot down—

- Where did this incident take place?
- What time/date did this incident take place?
- Name of the dog owner (if known)?
- Description of the dog owner and/or the dog?

Photos are extremely help but please do not put yourself at risk by getting into any confrontation, your witness statement alone is valuable.

By individuals taking actions and reporting dog fouling anonymously we can tackle the problem and take action against those who are letting us all down.

Did you know that the Kilburn Parish Council provides free poo bags throughout key points of the village to ensure that owners are able to pick up after their pets. Approx 32,000 bags are distributed each year, costing around £900. We appreciate that the bags provided are excellent quality and very useful but please only take what you need whilst exercising your pet and leave the remaining bags for the next person.

Meet your Parish Councillors - Cllr Kelly Parker

Parish Councillor since May 2021



Kilburn
Parish Council

What would you like the community to know about you?

I was first introduced to Kilburn when I was 19 and working at the Travellers Rest (back in its hay day!) I fell in love with the community spirit and people of Kilburn so moved here from Belper almost 10 years ago.

Why did you volunteer to be on the Council?

During lockdown I realised how important community was to me and really wanted to get involved more. Having loved being part of the team who delivered the first Kilburn, Denby and Horsley Carnival I was looking for a year round opportunity where I could learn more about the whole village. When the vacancy became available on the council I applied as I felt that I had skills and personal qualities that would be of value. I am so pleased that I did.

What have you enjoyed the most?

Feeling that I have contributed to making Kilburn a better place to live. Having the opportunity to get involved with many projects from making the community questionnaire digital, to working on the Facebook page, newsletter and coordinating the volunteer marshals at the Remembrance Parade. I also love it when Kilburn residents attend the monthly meetings providing feedback as well as being able to respond to any questions which I am slowly learning the answers to.

What has surprised you since joining the council?

The amount of knowledge the council members have gained through years of experience is extensive. We are also extremely lucky to have a clerk that knows the answer to everything (or will find out the answer before I even notice) I am pleased to be learning from them all.



There are currently two vacancies to join the Kilburn Parish Council. We invite residents from throughout our community – the only requirements are that you are over 18 and have lived here for at least 12 months.



YOUR PARISH NEEDS YOUR HELPING HANDS



Spring Community tidy up

Of

Kilburn Nature Reserve and Memorial Area

Through the responses from the Community Questionnaire, The Parish Council discovered that a great deal of residents value the Nature Reserve – Memorial area and appreciate the improvements that have been completed so far and are looking forward to it being finished.

A great deal has been done to make the area better. Priority was safety and stability of the trees and shrubs due to disease and overgrowth, along with improvements to accessibility due to uneven footpaths. The Parish Council are continuing to work hard to seek further funding and donations for future enhancements that need completing.

Unfortunately, due to the current economic climate it is proving very difficult to obtain funds, but they remain committed.

GOOD NEWS IS: There are things that can be done with little or no money that can help improve the use, overall upkeep and look of this area.

YOU CAN HELP

The Parish Council are wanting to put together a team of volunteers that can help tidy up, clear and improve the top area of the Nature Reserve - Memorial Area.

They are aiming to start this in **March 2023**.

This will involve clearing unwanted weeds, shrubbery, moving bark chip, generally clearing up and making good anything that is found that can be done.

This will be a community venture and once they know this is possible, the Parish Council will go ahead and put together a tidy up plan which they will work on with the team. They are also hopeful that this team may consider helping again in the future.

If you want to volunteer or have any further questions, please contact Sheila Matthews the Parish Clerk: Kilburnparishcouncil@gmail.com or call 01332 671513. Thank you.

St Clement's Horsley Church Diary December 2022 and January 2023

- There is a weekly practice for ringing the church bells every Monday at 7:30pm – drop in if you'd like to have a go.
- There is weekly choir practice in the church every Wednesday at 6:45pm – you'd be welcome to join us anytime.

Date	Event
Saturday 3 rd December	10:00am till noon CHRISTMAS COFFEE MORNING – tea/ coffee served <i>with cake, produce and gift stall in church</i>
Monday 5 th December	6:30 - 7:30pm – drop in to enquire about booking for a baptism, wedding, or other event in the church
Friday 9 th December	7:30pm Ilkeston Brass Band Christmas Music <i>Free Entry: Sponsored by Horsley Parish Council</i>
Sunday 11th December	10:00am Holy Communion Service
Sunday 18th December	10:00am Contemplative Worship Service 6:30pm Carol Service
Sunday 24th December Christmas Eve	3:30pm Crib Service
Sunday 25th December Christmas Day	10:00am Holy Communion for Christmas Day <i>at St Susanna's Horsley Woodhouse DE7 6AT</i>
Saturday 7 th January	10:00am till noon OPEN SATURDAY – tea/coffee <i>with cake and produce stall in church</i>
Sunday 8th January	10:00am Holy Communion Service
Sunday 15th January	10:00am Contemplative Worship Service
Sunday 22nd January	10:00am Morning Prayer Service
Sunday 29th January	10:00am Group Holy Communion Service <i>at St Luke's Loscoe, DE75 7JT</i>

Clr Trevor Ainsworth

Keeping you updated

Hi All

We have been having some issues with pedal cycles and horses using footpath 74 at Kilburn and 72 at Denby, this runs from Chapel street Kilburn by the side of the Kilburn Chippy to Danesby Crescent. If you see anyone riding a horse or a cycle on the paths could you please let me know, so that we can supply the facts to Derbyshire County Council.

I can confirm that we have Highway Improvement Schemes for the B6179 Derby Road, Lower Kilburn. It consists of two schemes within one programme.

The scheme is in this year's programme which ends in April next year. We are essentially looking to install a Pedestrian Refuge as one element of the scheme to provide a safe and suitable crossing point over the B6179 and the secondary element is to provide a revised 30mph speed limit through a section of the existing 40mph limit and then introduce a Vehicle Activated Sign to support this change in the speed limit.

You may have also noticed that new lighting is being put in place on the same road but in Horsley patch.

Public consultation on £1.14bn devo deal to begin in November

public consultation about the East Midlands devolution deal is due to take place from 14 November 2022 until 9 January 2023.

Derbyshire County Council, Nottinghamshire County Council, Derby City Council, and Nottingham City Council have all given the green light to a public consultation on devolution, so the public, businesses, community groups and other organisations will all have the chance to have their say about the deal.

The deal would provide the region with a guaranteed income stream of £38 million per year over a 30-year period, and would cover around 2.2 million people, making it one of the biggest in the country. It would also mean a new regional mayor and new type of combined authority for the area, from 2024.



Free careers advice service

you, family, friends, or residents that you work with need careers advice, we run a careers service which offers impartial information, advice and guidance about career opportunities, learning and employment.

You can contact the service in person across the county or by telephone, video call, text or email.

Contact Louise Wilson, team leader/careers coach:

- Email: louise.wilson@derbyshire.gov.uk
- Phone: 07717 343085



Mandatory housing for captive birds comes into force today

Anyone who has poultry or other captive birds must keep them indoors from the 7th November 2022, to help stop the spread of avian flu. I am aware that some local wild birds, such as Buzzards have contracted the flu and subsequently died from it.

Anyone suspecting bird flu must report it immediately by calling the Defra Rural Services Helpline on 03000 200 301.

If you have any issues that you think I can assist with please contact me

Cllr Trevor Ainsworth

Tel 07811494579

Trevor.ainsworth@derbyshire.gov.uk



Interested to know more about Derbyshire Toy Libraries, then read on as a recent finalist at the What's On For Kids 2022 awards, Founder, Ann-Marie McMillan answers some frequently asked questions.

Who are Derbyshire Toy Libraries?

It's a good question. Let us tell you all about ourselves. Derbyshire Toy Libraries in many ways is much like any other library; you can become a member, visit us and browse the shelves and borrow items for a period on loan. However it isn't books that are stocked on our shelves but toys, toys, toys.

DTL offers a wide range of services for communities across Derbyshire with the aim of providing a safe and welcoming place for families to come together and for children to develop through play.

Is DTL registered with The Charity Commission?

Yes, we are registered with The Charity Commission (Charity Number 1081255).

So how does it work?

Again, another good question. We have hundreds of toys available to hire, including baby toys, books, games, puzzles, ride-ons, sensory resources, dressing up and soft play. With so much choice you might be wondering where to start - our **Click and Browse** slots are the answer - during a 10 minute pre-booked appointment, Toy Library Members can come and look around the store and our Click and Collect Coordinator can give advice on the suitability of toys.

Our catalogue of toys and resources has over 1000 toys with new items being regularly added. It is available to browse online. After taking a look you've found a toy you'd like to hire, then use our handy **Click and Collect** service to place an order via our Facebook page and book your collection slot. Prices to hire start at 50p per week. Collection is from The Strutt Centre in Belper at pre-arranged times on Wednesdays, Fridays and Saturdays.

Once you have joined as a member you can hire as many toys as you like, for as long as you like meaning that once your child has lost interest in a toy, you can return it and hire something different, saving you money and extending the life of the toys by reducing the number of items that end up in landfill.

Party Packages are also available to hire, we have standard sets that include soft play equipment, ride on toys, ball pits, slides and we can work with you to create a bespoke kit. Hire for as long as you need and return when you've finished - there is something for every occasion and venue whether, celebrating at home or at a function room or community venue

Membership of the Toy Library is £10 p/year with a 20% discount for signing up for recurring membership. Cost should never be a barrier to a child's development so message us and we can provide confidential advice about discounted support we can provide.

2022 has been a busy year for us. As well as celebrating our 22nd Birthday we have extended our range to include the hire of **reusable tableware kits**. We have 4 kits (6 settings per kit) which include; plates, bowls, beaker and cutlery. Each kit is conveniently boxed and you can add additional items to your hire, such as jugs, serving platters, extra bowls. Get in touch to discuss your requirements and add a tableware kit to a party pack hire.

I think my little one may be too young for toys?

You are never too young to join the Toy Library. Our **Purposeful Play Packs** packs are specifically aimed at little ones under 1. We have different packs available from birth to 3 months, 3-6 months, 6-9 and 9-12. Take a look at the website for more information on each pack.

Do you hold play sessions?

Absolutely, our **Stay and Play sessions** are the perfect opportunity for your child to play with other children and develop essential skills such as communication and learning to take turns and share.

Sessions run weekly in Belper on Wednesdays and Kilburn on Thursdays (term time only). Come along, meet other parents, enjoy a coffee whilst your little one's explore the wide range of toys we have available. Each session ends with song-time. Sessions cost £4 and last 90 minutes.

No need to book or be a member - just come along - all the details are on our website www.derbyshiretoylibraries.org

I'm starting to think about presents for Christmas, how can DTL help?

With increasing living costs you may be worried about buying presents for friends and family this year. Derbyshire Toy Libraries can help.

Consider purchasing an **annual membership**, for less than the price of buying one small toy you can have access to hire toys week after week.

Alternatively, purchase one of our **gift vouchers** giving the recipient the freedom to choose whether to spend it on toy hire or stay and play sessions. For the price of buying one new toy, you have access to over 1000!! Our gift vouchers are the gift that keeps giving.

Looking to give a toy - then take a look at our **monthly virtual auctions** and pick up a bargain.

How can I get involved with DTL?

We are eager to receive **donations** of toys that you may no longer need. Donations are either entered into Stay and Play Sessions or included in our Monthly Virtual Auctions - all proceeds go back into the Toy Library.

Support DTL by shopping with **Amazon Smile** and Amazon will donate 0.5% of the eligible price of purchases to us, at no cost to you. See the link on our website homepage for more details.

How can I contact you?

For further information about the services we offer please look at our website <https://www.derbyshiretoylibraries.org/>

You can get in touch with us by email: derbyshiretoylibraries@gmail.com or message us on Facebook Messenger.

Don't just take our word for it - we were finalists in the recent Whats On For Kids Awards 2022. Take a look at what our members have to say, read our reviews on Facebook or on our website <https://www.derbyshiretoylibraries.org/hear-from-our-members/>

Derbyshire Toy Libraries received 2 nominations at the recent What's on For Kid's Awards - 2022, following our successful win in 2021. We were finalists in the *Most Loved Charity or Not-for-Profit Community Group* category and our Founder Ann-Marie McMillan was Highly Commended in the *Most Loved Volunteer* category. We want to say a massive well done to all of the nominees, finalists and winners.

Derbyshire Toy Libraries is looking for volunteers

Do you enjoy working with children?

Would you like to make a difference in your local community?

Would you like to socialise and meet new people?

If the answer to any of these questions is yes then read on



About us!

We are Derbyshire Toy Libraries, a registered Charity supporting children and families across Derbyshire.

Our activities include:

- running stay and play sessions -
- toy hire -
- party packages inc. reusable tableware -
- promoting sustainable play -
- attending and promoting local events -



HAVE YOU SOME TIME TO SPARE?

We have lots of opportunities to volunteer to suit you.

Maybe you have a few spare hours each week, and could help at one of our stay and play sessions?

Or if you'd prefer something on a more ad-hoc basis you could join our pool of volunteers to help promote our charity at events or cover for another volunteers absence

WHAT WE CAN OFFER YOU

- Cover reasonable out of pocket expenses.
- Access to relevant training
- Full induction and support
- Where required for the role DBS check will be paid for
- Opportunities to build experience and confidence
- A warm welcome and a hot cup of tea



If you would like to have an informal chat or find out more information please email derbyshiretoylibraries@gmail.com or get in touch via our social media



Kilburn Infant & Nursery School News



We have had a very busy Autumn term in school including welcoming our 60+ new starters in our Reception and Nursery Units.



All of our children have enjoyed 'Memorable Experiences' to begin their new half termly learning themes, including the Reception Mice 'Pyjama Party Day' and visits for Year 1 Foxes to 'The Black Country Living Museum' and Year 2 Owls to Warwick Castle. Foxes had a very special visit from P.C. Lovatt with his police car, and they enjoyed trying all of his police clothes/equipment and the car siren! Owls also enjoyed a fantastic morning taking part in an African drumming workshop! Elsie's dad came to talk to Foxes about running the London Marathon and all of the children tried Street Dance sessions with a dance specialist.

As part of our 'Cultures and Communities' learning children have found out about Diwali, Remembrance Day, Bonfire Night and stories to celebrate 'Black History Month'. We also thought about helping others by taking part in fundraising activities for 'Jeans for Genes' and by making a Harvest food collection for the local food bank charity, 'Hope for Belper'. We continued to focus on 'Health & Well-Being' with a 'Hello Yellow!' special theme day.



We organised our own fundraising for 'extras' with a spooky Halloween theme day and made very early Christmas pictures for our 'Rudolph cards' fundraising project.

Our Sports Coach, Mr Smith, led Archery sessions for all of the Infants and we took a group of Year 2 Owls to Belper Leisure Centre to compete in the inter-school 'Sportshall Competition' – we were delighted to come 2nd out of 13 schools!

And to end our busy first half term we were visited by two OFSTED inspectors who graded every area of the school 'Good' with special praise for pupil behaviour, attitudes, achievement and enjoyment of school; support of SEND; Early Years; Safeguarding; Leadership & Management; Phonics; the curriculum; 'above & beyond' care of all pupils by staff; use of Makaton sign language by everyone at our school; Personal, Social, Health Education and extra-curricular experiences. We also said a sad goodbye to our Assistant Head teacher and Early Years/Reception Leader, Mrs Marsden, after 21 years at our school!

For weekly photos of learning, events, fundraising, visits, & activities, please see our school 'Facebook' page!

Joanne Baillie
Head teacher





Kilburn Junior School News



Headteacher: Robert Hull

Tel:01332 880540

Email info@kilburn-jun.derbyshire.sch.uk

www.kilburnjunior.school

Macmillan Fundraiser



A fantastic morning was had by all at our annual Macmillan Fundraiser, raising a total of £1096.60 in just over 2 hours!

A huge thank you for all of the items donated for this years event and to all the parents and members of our local community for their support.



A special thanks to our Year 6 pupils who helped make the morning a success and to Mr and Mrs Edwards who coordinated the event.



Mrs Edwards has now raised over £26,000 for Cancer related charities—an outstanding achievement.

Victorian Day

The Upper School Victorian topic finished with a sensational Victorian Day, whereby the children experienced what life was really like for a child living in Victorian England.

Under the watchful eyes of Mr Morris Miner, disciplinarian Miss Spankalot and overseer Mr Arkwright, the children completed a number of tasks from the time, including: match making, gold leaf cutting, coal mining, chimney sweeping, mud larking, seed planting, rock smashing and stone picking.



The children also enjoyed examining the school Log books, written at the time by the headteacher of Kilburn All Girl's and Infant School- now the nursery.

Awesome Athletes



Children in Year 3 and 4 recently took part in their first competition of this year, the Amber Valley Indoor Sportshall Athletics Competition.

The boys and girls thoroughly enjoyed themselves, encouraged each other from start to finish and were a credit to the school. A hugely deserved congratulations to all those who took part!

Bikeability Week



The boys and girls in Year 5 have been developing their cycling skills, courtesy of Paul and Nathan from Big on Bikes, who have been delivering Bikeability Level 1 and 2.

Bikeability is the modern-day Cycling Proficiency, aimed at developing the skills and confidence for children to ride safely on the road.

Christmas Shopping Night

Our next PTFA event will be the Christmas Shopping Evening on Friday 2nd December from 6.30-8.30 at school.

The event promises to be the perfect way to kick-start the festive season with local craft stalls, handmade gifts, games, refreshments, children's stalls and our famous Winter BBQ.

We hope you come along and enjoy the fun.

Governor Vacancy

Do you want to make a difference in our community and develop your own professional skills? By volunteering as a school governor, you can do both.

Governors are responsible for overseeing the management of the school: its strategy, policy, budgeting and staffing. They enable the school to run as effectively as possible, working alongside senior leaders and supporting teachers to provide an excellent education for our children.

We currently have a vacancy for a governor on our school Governing Body. If you are interested and would like further details, please call the school office.

**CRAFT STALLS HANDMADE GIFTS BBQ TOMBOLA
RAFFLE REFRESHMENTS LIVE ENTERTAINMENT
BOTTLE PULL CHILDREN'S STALLS**



KJS PTFA

CHRISTMAS SHOPPING EVENING

FRIDAY 2ND DECEMBER 6.30PM-8.30PM

KILBURN JUNIOR SCHOOL

Wudhus News – Keeping the Villages Updated



**Stargazers Drama Group
Presents**



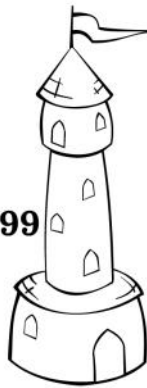
Rapunzel

at
**The Church Hall, Church Lane,
Horsley Woodhouse, DE7 6AS**

**7:15pm Thur 23rd Feb
3pm & 7:15pm Fri 24th Feb
3pm & 7:15pm Sat 25th Feb**

**Tickets:
Adults £5
Concessions £3**

To book call Becky on 07745686799



f Stargazerspanto



This is the third year Horsley Woodhouse and other local communities are looking to send Christmas Hampers to the hard working NHS Staff on wards at the Royal Derby Hospital.

The first year was to all those in the Covid wards working in terrible circumstances, the second year to the Coronary and Elderly wards. The first year's contributions from you all were outstanding, but last year was even better accumulating 8 large hampers that were much appreciated by all the staff especially those having to work over the Christmas and New Year period.

Collections are well on there way with lots of donations from people in the community, please keep them coming. I would already like to send a big thank you to Wudus Chippie, Karen and Mick. for their contributions, this continuing from their major donations for the Queen's Jubilee Street Party earlier in the year.

Please Note: The final date for donations is Friday 16th December. Following which the Hospital will collect them, allowing time for them to quarantine and distribute to the wards before Christmas Day.

Donations for the Hampers must have long 'Use By Date' (preferably early New Year) and may include: cakes, boxes of chocolate, biscuits, savouries, sweets, soft drinks, Jellies, Christmas crackers, cheese, fresh fruit etc.

Items not suitable: Alcohol or items that have to be heated.

We understand it is a difficult time with costs rising, but if anyone wishes to contribute with funds or food, however small, I'm sure the ward staff will appreciate it.

Please contact or deliver donations to:

Keith & Terrina Girling at kgirling@btconnect.com

88 Main Street, Horsley Woodhouse



Arthur Medical Centre Update

Like almost all general practices, Arthur Medical Centre has been experiencing a greatly increased level of patient demand for appointments and services which unavoidably causes delays to patients' access to routine appointments. Feedback received from our Clinical and Reception teams is that the current level of demand, especially for 'on-the-day' appointments, is becoming unmanageable in terms of the significant impact on workload, and unsafe in terms of our teams' ability to deliver appropriate care. This situation is not unique to our practice.

The British Medical Association recently reported that *"In August, practices in England delivered 3 million more appointments than in the same month in 2019"*.

Following a study related to our appointments and services, we have identified that the majority of patient demand appears to be for 'on-the-day' appointments. Often, the number of appointments or patient contacts that clinicians conduct in the practice is significantly greater than maximum safe levels recommended by the British Medical Association and Local Medical Councils. Arthur Medical Centre is therefore adapting the way we deliver our services and appointments from the 7th of November 2022, to reflect changes in patient demand, whilst safeguarding our teams' ability to provide safe and appropriate levels of care.

What is changing?

- From November, we will begin to transition our appointment system towards offering more of our appointments to as 'on-the-day' face-to-face and telephone appointments, which will increase our short-term capacity to reflect the majority of our patient demand. We aim for full implementation of the new system from 5th December 2022.
- The remaining portion of appointments will remain as 'pre-bookable' face-to-face and telephone consultations for routine matters.
- We are also increasing the overall ratio of face-to-face patient appointments.
- When our appointments are fully booked for the day, you will be asked to call NHS 111 for assistance or treatment. NHS 111 will then refer you to the most appropriate treatment route for your problem. These options will include referral to your local pharmacy, a local urgent treatment centre or wound clinic, or other appropriate solution.

How you can help us

- When you contact Arthur Medical Centre, please be considerate and kind when speaking with our Reception Team. Our team do their best to provide the best care possible to you within their resources and a difficult interaction with a patient can often have an emotional impact on the member of staff, which then affects how they are able to help other patients.
- If you are advised that our appointments are full on the day you call, please understand that this is not a personal rejection, but simply that the Practice's capacity within which we can safely deliver care, is now full due to demand from other patients.

- If you are unable to make an appointment that you have booked, please contact us to let us know as soon as possible to enable us to offer this appointment to other patients. In October 2022, **140 appointments, equating to approximately 35 hours of clinical time was wasted** due to patients failing to attend without notice.
- All of the staff at Arthur Medical Centre strive to deliver an exceptional level of care to each and every patient, and we do so within the parameters of available resources and funding. If you have feedback or a complaint regarding your experience as a patient of the Practice, please submit this in writing for the attention of the Practice Manager. If you have feedback or a complaint regarding national policies related to Primary Care or NHS services, these may be best raised with your MP.

Changes to prescribing medication which is available to buy over the counter (OTC)

As a practice we continually monitor our prescribing to ensure that our patients receive the treatment which is the most medically appropriate for their illness or condition.

In March 2018, NHS England published guidance about reducing the prescribing of medicines or treatments that are available to buy over the counter (OTC). Arthur Medical Centre have adopted this guidance aiming to make all local people more “self-care aware”.

We encourage all patients to take simple steps to help manage minor illnesses and injuries at home.

This means that we will be no longer providing you with medication that can be purchased over the counter

The “self-care” section <https://joinedupcarederbyshire.co.uk/stay-well/#u> has lots of information and advice on treating minor health problems with self-care.

By keeping certain useful medicines at home you can treat common conditions immediately and you won't need to see a GP. The medicines you may want to keep at home include:

- A painkiller to help treat minor conditions associated with pain, discomfort and fever.
- Indigestion medicines, oral rehydration salts and treatments for constipation and diarrhoea.
- Treatments for seasonal conditions such as colds and hay fever.
- Sunblock and after sun.

We believe that empowering people with the information and confidence to look after themselves gives people greater control of their own health. It will also help to reduce the number of GP consultations, enabling GPs to focus on caring for higher risk patients, such as those with multiple illnesses, the very young and the elderly.

Please feel free to speak to your local pharmacist who has the knowledge and skills to advise on the most appropriate treatment for you.

Thank you for your ongoing support whilst we hope to continue offering the best care possible.

The Arthur Medical Centre team



WHAT'S ON AT KILBURN VILLAGE HALL?

WINTER 2022

AVAILABLE FOR HIRE!

Kilburn Village Hall is available for hire for regular group bookings and one-off parties!

For more information, contact Kirsty on: kilburn_village_hall@outlook.com or via our Facebook page, Kilburn Community Association.

KEEP FIT

Join Diana every Tuesday 7-8pm for a fun keep fit class.

Call 07510199112 for more information.

WINE CIRCLE

Kilburn Wine Circle meet every 3rd Wednesday in the month 7-9.30pm. They regularly have guest speakers and plenty of wine to taste!

Call 01159303712 for more information.

DERBYSHIRE TOY LIBRARY

DTL run a Stay & Play session every Thursday morning during term time. This is a fabulous group for meeting other parents and carers and encouraging social interaction in your little ones.

Thursdays (term time only) 9.30-11am.

BURNETT ACADEMY - MARTIAL ARTS

Tuesday 4-5pm

Call Joash on 07779521141 for more information.

KILBURN BABY & TODDLER GROUP

Busy during the week? Then come along to this group which runs every other Sunday 9.30-11.30am.

Completely FREE and all welcome. Call Kelly on 07877356262 for more information.

CHATTERBOX CAFE

Chatterbox Cafe meet fortnightly on a Friday morning 10am-12pm. Come along and keep warm whilst you enjoy a cuppa with a slice of gorgeous homemade cake! The dates for the rest of the year are below.

- 18th November
- 2nd December
- 16th December **CHRISTMAS SPECIAL!**
- 13th January

DANCEFIT 55+

This fabulous fitness class provides you with the skills, strength and balance along with a personal plan for preventing falls, all through a fun, dance-based exercise class!

£4.50 per class or 5 classes for £20.

Call 07585009270 to book your space. Every Tuesday 10.45am.

CLUBBERCISE

Clubbercise is a fun, full body workout to a great soundtrack for all fitness levels!

Every Wednesday (except the 3rd Wednesday each month) 7.30-8.30pm. £6 per class. Call Lyndsey on 07917007452 to book your space.

PATRICIA COOKE SCHOOL OF DANCE

Thursday 6.30-8.30pm

Call 01332660837 for more information.

DERBY CHRISTIAN FELLOWSHIP

2nd Sunday of the month 5-6.30pm.

Call 01332781200 for more information.
